

JHSC Certification Study Reference

Key topic areas for JHSC Part 1 and Part 2 certification preparation under Ontario's OHS training requirements.

JHSC Certification

Part 1

Part 2

OHS

Worker Training

Study Guide

JHSC certification is a legal requirement for designated members of joint health and safety committees in Ontario workplaces. Part 1 covers foundational legislation and hazard recognition; Part 2 builds on that with management systems, industrial hygiene, and specialized topic areas. This reference card summarizes the key study areas for both parts.

Part 1 — Core Study Topics

Health and Safety Legislation

- Occupational Health and Safety Act (OHSA)
- Key regulations: O. Reg. 851/90 (Industrial), O. Reg. 213/91 (Construction)
- Due diligence concept and application
- Rights and responsibilities of all workplace parties

Hazard Identification and Assessment

- Types of workplace hazards (physical, chemical, biological, ergonomic, psychosocial)
- Risk assessment methodology
- Hazard control hierarchy: Elimination → Substitution → Engineering → Administrative → PPE
- Incident prevention strategies

Part 1 — IRS and Workplace Inspections

Internal Responsibility System

- Roles of employers, supervisors, and workers under the OHSA
- JHSC structure, functions, and legal requirements
- Worker participation and the right to refuse unsafe work
- Employer duties when recommendations are made

Workplace Inspection and Reporting

- Purpose and procedures for workplace inspections
- Hazard identification and documentation during inspections
- Corrective action tracking and follow-up
- Incident reporting requirements under the OHSA

Part 2 — Advanced Study Topics

OH&S; Management Systems and Industrial Hygiene

- Elements of an occupational health and safety management system
- Planning, implementation, performance evaluation, and improvement
- Occupational exposure limits and environmental monitoring
- Biological and chemical hazard control measures

Ergonomics, Mental Health and Emergency Response

- Ergonomic hazard assessment and workstation design principles
- Prevention strategies for musculoskeletal disorders
- Recognition of psychosocial hazards and organizational support strategies
- Emergency preparedness: planning, drills, first aid, and post-incident procedures

Exam Study Tips

- Review the OHSA and all referenced regulations thoroughly — know the requirements, not just the topics
- Understand the **why** behind each requirement, not just the **what**
- Study real workplace examples and case studies for context
- Practice applying concepts to scenario-based exam questions
- Know the definitions of key terms: due diligence, hazard, incident, JHSC, IRS
- Understand the difference between Part 1 and Part 2 focus areas before your exam

JHSC certification is not just about passing an exam — it is about becoming an effective advocate for safety in your workplace. Know the legislation, understand the hazards, and commit to making recommendations that actually get implemented.